TOP 5 REASONS TO PARTICIPATE

14th Native Women and Men’s Wellness Conference and Native Fitness Training
March 22-25, 2015 / March 25-27, 2015 - Town and Country - San Diego, CA

#5 - Comprehensive - Join us for the most comprehensive public health conference in Indian Country. Complementary conference tracks encourage collaboration among professional disciplines to include: Behavioral Health, Health Promotion/Disease Prevention, and Wellness. Visit the conference website to view the conference agenda and to learn more about this professional learning opportunity.

#4 - Inspirational - Honorary keynoters share the importance of reclaiming health and strengthening Native communities. From Dr. Don Warne’s (Oglala Lakota) vision for public health in Indian Country to a special documentary screening of Healing the Warrior’s Heart featuring Director Taki Telonidis and Arnold Thomas (Shoshone-Paiute) - you will be inspired.

#3 - Professional Learning - Choose from more than 35 workshops featuring best practices, public health research, and cultural knowledge from an incredible team of conference presenters representing Native communities across North America. The University of Oklahoma will issue a total of 2.0 CEUs or 20 contact hours to any participants seeking continuing education credit. For those needing additional training, our Native Fitness Training, a curriculum-based health promotion program, follows the conference and includes an additional 2.0 CEUs or 20 contact hours issued by the University of Oklahoma as well as credits for CHES professionals.

#2 - Restorative - We end each day of the conference in a good way with our Wellness Track. Interactive sessions encourage participants to restore personal wellness goals, reduce and manage stress, and learn activities to use in their communities. Best of all, our 3rd “Just Move It” 5k Fun Run/Walk and 1 Mile Fitness Finale is scheduled on the last morning of the conference. All are welcome!

#1 - Collaborative - Each year, more than 75 American Indian, Alaska Native and First Nation communities are represented by more than 300 participants. This enduring conference has become an important gathering for professionals and stakeholders working collaboratively to improve health in communities across Indian Country. We hope you will join us.

LEARN MORE

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